

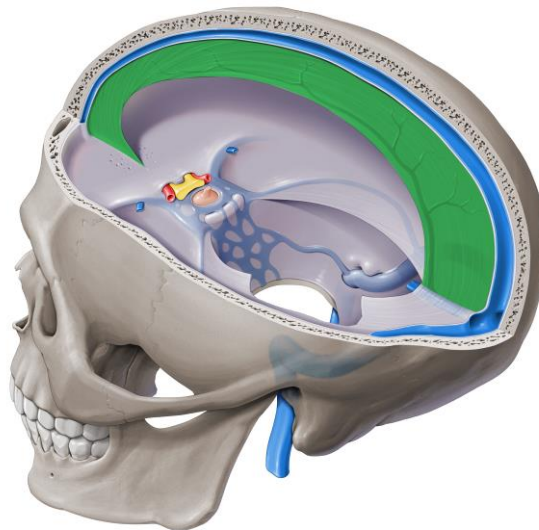


INTERNATIONAL COLLEGE  
OF APPLIED KINESIOLOGY UK

## An Extraordinary Craniosacral Adventure

Presented by Dr Joseph Shafer, DC, CCSP, DIBAK

Saturday 14 – Sunday 15 September 2024



**Location:** Crowne Plaza Hotel, Langley Drive, Crawley RH11 7SX  
(There is a discount deal of £129 B&B for the first 10 rooms booked with our code ICK. Please call 01293 608627/8).

*The seminar is also available on Zoom.*

**Dates/Times:** Saturday 10am – 6pm, Sunday 9am - 4pm  
**ICAK-UK AGM at 2pm on Saturday**

**Fees:** ICAK UK Member - £425 (early bird price £375)  
Non Member - £475 (early bird price £425)  
Early Bird prices are available until 10/08/24.  
*Prices include all refreshments and lunch.*

**CPD:** 12 hours

**Booking:** Online at [www.icak.co.uk](http://www.icak.co.uk)

# Seminar Outline

Saturday 14 + Sunday 15 September 2024

Saturday 10am – 6pm, Sunday 9am - 4pm  
(Registration on Saturday at 9:30am)

Topics will include:

## **Craniosacral Diagnostic Challenges & Therapy with a Unique Approach**

The physiology of Jugular Compression

Challenge procedures

Unilateral vs bilateral JC

JC with K/27

JC and the SCM

## **Cranial Vault Restrictions (Neurocranium)**

Sphenobasilar vertical and lateral strains

Sphenobasilar torsion

Frontal bone compression

Parietal descent

Intra-osseous fault of the occipital condyles & the hypoglossal canal

## **Facial Bone Restrictions (Splanchnocranium)**

Maxillary compression & lateral shift

Maxillary torsion

Vomer lateral shift & torsion

Dural membrane adverse tension

## **The Dura Mater**

The falx cerebri, cerebelli and tentorium cerebelli

**\* The ICAK-UK AGM will take place at 2pm on Saturday 14th September and will last for one hour. Only ICAK-UK members are required to attend the AGM. \***

PLEASE NOTE: NO REFUND of seminar fees for cancellations after 31/08/24 will be given. Any cancellation prior to 31/08/24 will have a £100 administration fee deducted from the refund.

## Our Speaker

Joseph Shafer has practiced as a Chiropractic Physician since his graduation from Palmer College of Chiropractic in 1980. He moved to Denmark where he had a private practice, and pursued post-graduate studies in Applied Kinesiology, Nutrition and Sports Medicine.

He is certified as a sports medicine specialist and in 1991 became a Diplomate in Applied Kinesiology (DIBAK). Since obtaining his DIBAK, he has taught muscle testing diagnostics throughout the world and continues to do so to this day. His teachings brought him as far as the USSR and he was given an assistant professorship (HON) in 1998 and full-professorship status in post-graduate medicine in 2004.

He is also a guest editor of Hans Garten's English version book, "The Muscle Testing Handbook".

Joseph has pioneered and developed many novel techniques & clinical procedures within A.K. Some examples of his work include:

- K-27 – Over-facilitation/hyper-reactive muscle states – 1984
- Jugular compression – Craniosacral challenge & advanced evaluation procedures for the cranium – 1992 ~ (Research paper of the year award for Jugular Compression in 1993)
- The glymphatic pump – Stimulation of cranial glymphatics
- Cranial Nerve Evaluation
- Neuro-Interlink – Advanced 'ligament interlink' procedures
- Lower back & disc evaluation & treatment procedures
- The metabolic disc, bone inflammation, neural sheath & challenges for SI joint inflammation
- Differential diagnosis of Piriformis syndrome
- Muscle spindle challenge – Resting, Concentric & Eccentric muscle tone.
- Retained Injury Patterns [RIP] ~ emotional reactions to injury ~ evaluation and treatment
- GERD – The diaphragmatic crus, lower oesophageal sphincter (LES), phrenoesophageal ligament (PEL), and pericardial torsion evaluation and treatment
- Brain Recovery – Traumatic brain injury evaluation and treatment protocols



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