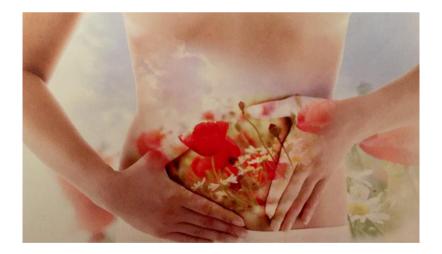


INTERNATIONAL COLLEGE OF APPLIED KINESIOLOGY UK

# Chronic Disorders and the Microbiome -More Than Just a Bunch of Bugs!

Presented by Tracy S Gates, D.O., DIBAK

13 May 2017



Sofitel London Gatwick, North Terminal, London Gatwick Airport, Crawley, West Sussex, RH6 0PH

# Chronic Disorders and The Microbiome -Conference Programme

## Saturday 13 May 2017

### 9.30am – 6.00pm

(Lunch at 1.30-2.30pm; refreshments at 11.30am and 4.00pm)

### Note: the AGM will take place at 2.30 – 3.30pm

Topics to be covered:

- Understanding the Germ theory of disease
- The microbiome and its relationship to:
  - ➤ The brain
  - > Depression / anxiety disorders
  - Sleep disorders
  - > Weight control
- Miasmic influence of your microbiome and how to use homeopathy to change it
- How your mother affected your gut flora
- Changing your microbiome through diet
- The role of gut health in obesity and diabetes:
  - How to optimise your microbiome to promote leanness, and reduce blood glucose and fat gain
- TLR5 how it affects absorption and deposition of fat and how to make more of it
- Faecal Microbiota Transplantation (FMT) when is it really necessary?

The day will include practical demonstrations on applying this information in a clinical environment.

## Guest Speaker - Tracy S Gates

We are pleased to welcome Tracy S Gates for this day of seminars alongside our AGM.

Tracy S. Gates is a registered osteopath of 31 years standing. Having practised for several years using osteopathy and cranial osteopathy, she studied Applied Kinesiology, successfully achieving her diplomate status in 1994.

As part of her diplomate she made a research study into the use of AK in treating Special Needs children. The research was backed up by a period of time spent at the Peto Institute in Budapest; and study at the Institute for Research into Human Potential in Philadelphia. Today, Tracy lectures in the UK and throughout Europe.



# The Venue

This award-winning 4-star hotel is directly connected to the North Terminal of Gatwick airport. The hotel features spacious rooms, a fully equipped gym, and 3 restaurants on site with a range of lunch options including award-winning French cuisine and Oriental specialities. Morning and afternoon refreshments will be included in the course price.

Rooms can either be booked online (www.sofitelgatwick.com), or by telephoning the hotel on 01293 555155.



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### Conference Application – Chronic Disorders and The Microbiome

Name	
Profession + Qualifications	
Address + Postcode	
Email address	
Telephone	
Practice Website	
ICAK UK Member	Yes / No

#### Prices

#### \*\*\*\*\* Early-bird £20 discount \*\*\*\*\*

Return your application form and pay by 28 February 2017 to receive the early bird discount.

ICAK UK / International Member......**£130** (early bird price **£110** if paid before 28 February) Non Member.....**£160** (early bird price **£140** if paid before 28 February)

PAYMENT BY: bank transfer / cheque

Payment is by **cheque**, payable to ICAK UK or by **bank transfer** to ICAK-UK (Account number 91226449, Sort Code 60-17-28, IBAN GB86 NWBK 6017 2891 2264 49, BIC NWBK GB 2L, Bank address NatWest Retford Branch 21 The Square, Retford, Notts, DN22 6DL).

Please note a completed application form is required in ALL instances. Please indicate your payment method above.

RSVP by 28 April 2017 latest to:

Lydia Dudman, ICAK UK Executive Secretary Email: info@icak.co.uk

Email booking and online payment is preferable, but if you prefer to rsvp by post please send your form and cheque to:

Karen Willis, ICAK UK Chair Islington Osteopathy Clinic, Colebrooke House 10-12 Gaskin Street, London, N1 2RY

PLEASE NOTE: NO REFUND of seminar fees for cancellations after 28/04/17 will be given. Any cancellation prior to this date will incur a £100 administration fee.