

BOOKING FORM

*Please note a completed booking form
is required in all instances*

Name

Qualification

Address

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Postcode

Telephone

Email:

Early Bird Price: if paid before 20th January 2023

1st weekend: w/e 2-5:

Non Members £400.00 £1600.00

ICAK-UK Members £350.00 £1400.00

Repeat Participants* £325.00 £1300.00

**(of a Basic or Foundation Course taught by Tracy S Gates)*

Price from 20th January 2023:

1st weekend: w/e 2-5:

Non Members £450.00 £1800.00

ICAK-UK Members £400.00 £1600.00

Repeat Participants* £350.00 £1400.00

NOTE: If paying for only module 1 at registration and you choose to continue with the course, the balance for weekends 2 - 5 is to be paid at the end of Module 1 in all instances.

Pay for all five modules at the time of registration and a 10% DISCOUNT will be applied to your payment

Payment (*non-refundable*) is by credit card or bank transfer.

Please email tracysgates@gmail.com to register

Dates of the ICAK Foundation Course 2023

Venue: Crowne Plaza Gatwick, Langley Drive, Crawley RH11 7SX

SEMINAR TIMES:

SATURDAY 10:00AM TO 6:00PM - SUNDAY 9:00AM TO 4:00PM

2023

February 25-26

I - THE DYNAMICS OF AK EVALUATION

The art of precise muscle testing—the importance of stabilisation, positioning, resistance direction and velocity
The proprioceptive model of muscles & muscle testing and developing proprioceptive skill as an amateur
Subluxations & Fixations
Pelvic categories
The practical testing of main muscles

March 25-26

II - INTRODUCTION TO VISCERA, THE EMOTIONS & THE STOMATOGNATHIC SYSTEM

Emotional stress release & Psychological Reversal
Retrograde lymphatics, ileocaecal valve, Diaphragm
The cranium and craniosacral diagnostic principles and treatment, Classification of lesions
The TMJ & Hyoid
The testing of more basic muscles

April 29-30

III - ORTHOMOLECULAR PRINCIPLES IN AK

The role of vitamins and minerals, Acid and alkaline metabolic states
Macro vs micro nutrients and AK testing
Essential Fatty Acids. Prostaglandins and their role in almost everything
Homocysteine and the cholesterol myth
The testing of related muscles

May 20-21

IV - GLANDULAR/HORMONAL

Analysis of the endocrine system and the dynamics of glandular interaction
Evaluation of the pituitary, thyroid, adrenals and reproductive system
The use of AK to diagnose and treat the endocrine system as a whole entity
The testing of related muscles

June 10-11

V - THE ACUPUNCTURE MERIDIAN SYSTEM & A RETURN TO STRUCTURE

Introduction to the Meridians and using AK for evaluation and treatment of the Acupuncture system
Review of the pelvis, sacral & iliac fixations
Disc lesions
Peripheral joint dysfunction and foot pronation

MUSCLE TESTING PROFICIENCY EXAM

AT THE END OF THE COURSE:

Having attended all five modules you are entitled to take the Proficiency Exam, which entitles you to one year's free membership within ICAK -UK (current annual dues are £90.00)

ABOUT THE COURSE

This is a clinically relevant and powerful course of study that will expand the diagnostic skills of the young as well as the experienced practitioner.

Restructured in 2019, this newly formatted five weekend course will teach unique procedures that link with the fundamental principles of AK, so that difficult or more complicated patients may be better evaluated from the very start of your training.

This course is designed for the thinking practitioner! Those who have been searching for the missing tools needed to understand and address difficult diagnostic situations need search no further:

In a step-by-step learning curve, each module will build on the previous, to provide an evolving set of principles that lead the practitioner to understand the need for metabolic, structural and/or emotional therapeutic input.

Why, when, where and how to treat are the basic needs of every practitioner—the Foundation Series will provide the necessary tools to achieve these skills!

ICAK-UK

The International College of Applied Kinesiology (ICAK) is an organisation dedicated to furthering the knowledge of health care professionals in Applied Kinesiology (AK).

AK is a dynamic diagnostic method that allows a more complete evaluation and treatment of the structural, biochemical and mental aspects of dysfunction in a patient.

It employs manual muscle testing as a complement to other methods of diagnosis, enabling the practitioner to assess the unique needs of each patient.

AK is a valuable clinical tool for chiropractors, osteopaths, physiotherapists, medical practitioners and dentists.

Visit www.icak.co.uk for more information

Tracy S. Gates qualified as an osteopath 36 years ago, and qualified as a homeopath in 2017. She is a member of the Institute for Functional Medicine.

Having practised for several years using osteopathy and cranial osteopathy, she studied Applied Kinesiology, successfully achieving her diplomate status in 1994.

As part of her diplomate she made a research study into the use of AK in treating Special Needs children. The research was further backed up by a period of time spent at the Peto Institute in Budapest; as well as study at the Institute for Research into Human Potential in Philadelphia.

Today, Tracy lectures in the UK, Russia and throughout Europe. She makes regular presentations of her study projects and ongoing research at various conferences in Europe and the USA.

Tracy is currently Past Chairperson of the International Council (I.C.) of ICAK, as well as being the International Representative for ICAK-UK.

In 2017, Tracy was awarded the prestigious George Award—the highest award within ICAK – for her tireless work within the organisation.



“AK has opened my eyes to so many potential areas of dysfunction that I would not have considered with only a structural education. It will definitely change the way I work!”
Ezra Levy MRCP.

“For those wanting to understand and treat the underlying cause of patients' symptom patterns this course covers everything. Tracy's obvious deep wealth of knowledge and clear presentation style really animates the subject matter - with plenty of demonstrations and supervised practical sessions to appreciate the intricacies of this work.”
Matt Bourne D.O.

“General Practitioners will certainly find that Applied Kinesiology opens up exciting diagnostic and therapeutic possibilities in their day to day practice of medicine. Tracy's course is both relevant and useful, I recommend it to all GP's.”

*Michael O'Beirne M.B.,M.R.C.G.P.
General Practitioner, Galway*

ICAK

INTERNATIONAL COLLEGE
OF APPLIED KINESIOLOGY UK



ICAK-UK presents: The Foundation Course of Applied Kinesiology 2023

with
Advanced Clinical Applications

- an accredited
Foundational Course of the
International College of Applied
Kinesiology—ICAK

Lecturer:
Tracy S Gates D.O., DIBAK

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