



INTERNATIONAL COLLEGE
OF APPLIED KINESIOLOGY UK

Two weekend courses special: Oct 12-13 2019 & Nov 16-17 2019
Sofitel Hotel, Gatwick North, RH6 0PH. UK

Applied Kinesiology & Nerve Entrapment: How to unscramble *Hidden* Problems with PAK

"A unique course which I can see will help me help all my patients immediately. Most useful post 100 hours AK course I have done in 25 years." Steve Rudd, DC

With Clive Lindley-Jones B.Ed. (Hons) D.O. D.I.B.A.K.



Clive has a degree in Education and Sociology, taught in the UK and Japan before studying Osteopathic Medicine at The European School Osteopathy, where he graduated in 1981.

He was on the Faculty of the European School of Osteopathy from 1983 to 1993. In 1992 he became a Diplomate of the International Board of Applied Kinesiology. As a Teaching Diplomate over many years he has taught numerous standard and advanced courses in Applied Kinesiology in England, Germany, Belgium, Holland, Korea, Japan and Australia. He holds a Diploma in Transpersonal Psychotherapy, a Masters qualification in NLP as well as certifications in NLP & Health, Training & Consultancy & Coaching.

Since 1997 he was closely involved with the Registered Charity, The Sunflower Trust teaching their AK, Functional Medicine & NLP based protocol for helping children who may be underachieving at school or have behaviour, learning or health difficulties. He is registered with the General Osteopathic Council, is a member of the Institute of Osteopathy and was until recently on the International Board of Examiners (IBE) of the ICAK. He has worked in private practice in Oxford for over thirty-five years.

Overview of the two weekends

Clive will return to the ICAK-UK Chapter for the first time in four years to teach this popular practical course. His decades of teaching and clinical experience will be used to help you use your PAK skills to further your ability to find, often hidden, problems that high quality AK can uncover and make many more clinical problems understandable and eminently treatable.

This is an advanced AK course so clinicians taking the course are expected to have undertaken the ICAK basic 100-hour course first. While it has been taught many times all around the world, Clive is always adding new insights, so even those who have taken it before will find both new material, as well as greater understanding and clinical utilisation from the huge amount of AK wisdom collected together in one place.

This course split into two weekends for better comprehension, will be extremely practical and of particular interest to those with a strongly neuro-musculo-skeletal interest, based as it is on some of the best of the PAK findings used to uncover nerve entrapments and other problems relating to the head, neck, shoulders upper extremity as well as the lower torso, back and knees and lower extremity. Teaching will be both lecture, demonstration and practically based. As well as the normal copies of all slides used you each module includes a book of useful quick reference flow diagrams to maximise your ability to review and apply your new found knowledge in your office following the course.

Course Reviews

"This course was one of the most thorough and well-presented I have ever attended. The sheer quantity and quality of material taught was remarkable. Despite the immense amount of material to cover, the course was taught in a very relaxed and enjoyable way. What I have learned has already benefited my practice on a number of occasions. It is unusual to retain quite so much information after a course, but Clive's teaching makes it interesting and enjoyable, and the beautifully presented book he provides make it very easy to refresh your memory networks. The book contains comprehensive course notes and additional research papers. The teaching encourages you to think laterally and holistically, expands therapeutic possibilities, and gives you the tools to find and correct long-standing compensatory patterns. I would thoroughly recommend this course to all AK practitioners, and feel it should be essential knowledge for anyone involved in musculoskeletal medicine. [Karen Willis DO, DIBAK, Past President ICAK-UK](#)

"Horizon expanding: a very refreshing course for the practice." [Dr Goldman, GP](#)

"Very relevant on a practical level... glad that I did it." [Dr Lieble, Pain Specialist](#)

"The most student friendly course I have attended." [P. Waite D.C. M.C.S.P.](#)

"Outstanding presentation of Anatomy and Neurology." [Dr Leon, Gynaecologist](#)

"The course has taught me new ways to assess and treat both common and hidden problems which I see in daily practice." [John Goulbourn D.O.](#)

Weekend 1. The head, neck shoulders and upper extremity

October 12-13

£335/390 - discounts available

This first module will start with an overview of ways in which Professional Applied Kinesiology, when used well, can help the thinking clinician uncover a multitude of often hidden problems not always apparent to the beginner in the use of AK diagnosis. We will look at ways in which proprioception errors can cause a hidden cascade of muscle dysfunction and ways of correcting this.

Starting at the head and neck you will learn how AK can help better understand and treat six issues relating to the Thoracic Outlet Syndrome before looking at six nerve entrapments around the elbow as well as detailed examination of problems in the elbow and forearm with a look at finding and fixing issues related to Repetitive Strain Injuries with detailed examination of the wrist and hand, too often left poorly diagnosed even amongst those with some AK knowledge.

You will be drilled in high quality muscle testing in the upper extremity, including some tests you may not know or utilise that will aid in drilling down in challenging diagnostic situations and come away with greater insights into using your in-depth knowledge of AK to uncover a diverse range of common and less common problems of the shoulder, arm, forearm, wrist and hand. All this will constantly be related to the rest of the body to link up with module 2.

Weekend 2. The Lower Extremity

November 16-17

£335/390 - discounts available

Building and connecting to the learning's from module 1, we will start with detailed reviews of, often unknown and therefore unused, essential muscle tests in the torsos that are sometimes missed. We will look at four nerve entrapments of the pelvis, two in the knee, and three in the feet, as well and live demonstrations of finding hidden problems that can frustrate the clinician trying to solve long standing issues of pain and dysfunction in these areas.

Professional Applied Kinesiology can be both exciting and puzzling to use and master. Clive has been using it clinically every day and teaching its use around the world for many decades and loves nothing better than sharing and exploring what it can uncover, with other enthusiastic clinicians around the world. There is a lot to get through but Clive works hard to make your learning, easy, fun and of permanent clinical value.

Conference Application

Name:

Profession + Qualifications:

Address + Postcode:

Email address:

Telephone:

Practice Website

ICAK UK Member [Yes / No](#)

Prices

Return your application form and pay by 1st Sep 2019 to receive the early bird discount.

ICAK Member: £305 early bird or £335 – Per weekend

Non-Member: £360 early bird or £390 – Per weekend

***Buy both weekend courses together and receive a £50 discount**

Payment to ICAK UK

Send your completed booking form to info@icak.co.uk

Bank transfer to: Account number 91226449 & Sort code 60-17-28

IBAN GB86 NWBK 6017 2891 2264 49

BIC NWBK GB 2L

Bank address: NatWest Retford Branch 21 The Square, Retford, Notts, DN22 6DL

All bank payments must include your name and the course ref "CLJ 2019"

Cheques to: Richard Stenning, ICAK UK President, 193, High St, Honiton EX14 1LQ

Refunds

No refunds will be made after 1/10/19. Refunds before that date will be subject to £100 administration fee.

Venue information

The Sofitel Gatwick is conveniently located a short walk from the north terminal and can be reached by monorail from the south terminal within a few minutes. Rooms are available at the hotel at the special rate of £120 B&B using the reference ICAK UK.

Please contact the hotel directly to book and for parking information on 01293 567070.