

## BOOKING FORM

Please note a completed application form is required in all instances

Name .....

Qualification .....

Address .....

.....

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Postcode .....

Telephone .....

Email: .....

Cost:	1st weekend:	w/e 2-5:	Discounted course:
ICAK-UK Members	£250.00	£1000.00	£1125.00
Non-members	£300.00	£1200.00	£1350.00
Repeat Participants	£225.00	£900.00	£1012.50

(of a 100 hour Basic Course taught by Tracy S Gates)

**NOTE:** Balance for weekends 2 - 5 is to be paid at the end of Module 1. A 10% discount applies for payment of the entire course in advance - see "Discounted Course" option above.

Please register by 16 August 2019 and send your payment for the first weekend's module or entire course (**non-refundable**) to:

**Administrator - Basic A.K. Course**  
**Weaverswood**  
**Storrington Road**  
**THAKEHAM**  
**West Sussex RH20 3ED**

Cheques made payable to: **T S GATES**

**Please telephone or email to pay by credit/debit card or bank transfer:**

**Tel: 07903 112088**

**Email: [tracysgates@gmail.com](mailto:tracysgates@gmail.com)**

## Dates of the ICAK Fundamentals Course 2019- 2020

**Venue: Hilton London Gatwick, South Terminal Gatwick Airport, Gatwick RH6 0LL**

### SEMINAR TIMES:

**SATURDAY 10:00AM TO 6:00PM - SUNDAY 9:00AM TO 4:00PM**

**2019**

**September 14-15**

#### I - THE DYNAMICS OF AK EVALUATION

The art of precise muscle testing—the importance of stabilisation, positioning, resistance direction and velocity. The proprioceptive model of muscles & muscle testing and developing proprioceptive skill as an amateur. Subluxations & Fixations. Pelvic categories. The practical testing of main muscles.

**November 9-10**

#### II - INTRODUCTION TO VISCERA, THE EMOTIONS & THE ACUPUNCTURE MERIDIAN SYSTEM

Emotional stress release & Psychological Reversal. Retrograde lymphatics. Ileocaecal valve. Diaphragm. Introduction to the Meridians and using AK for evaluation and treatment of the Acupuncture system. The testing of more basic muscles.

**2020**

**January 4-5**

#### III - ORTHOMOLECULAR PRINCIPLES IN AK

The role of vitamins and minerals. Acid and alkaline metabolic states. Macro vs micro nutrients and AK testing. Essential Fatty Acids. Prostaglandins and their role in almost everything. Homocysteine; and the cholesterol myth. The testing of related muscles.

**February 8-9**

#### IV - GLANDULAR/HORMONAL

Analysis of the endocrine system and the dynamics of glandular interaction. Evaluation of the pituitary, thyroid, adrenals and reproductive system; and the use of AK to diagnose and treat the endocrine system as a whole entity. The testing of related muscles.

**March 7-8**

#### VI - A RETURN TO STRUCTURE & THE STOMATOGNATHIC SYSTEM

The cranium and craniosacral diagnostic principles and treatment. Classification of lesions. The TMJ & Hyoid. Review of the pelvis. Sacral & iliac fixations. Disc lesions. Peripheral joint dysfunction and foot pronation.

CLINICAL COMPETENCE TEST.

#### AT THE END OF THE COURSE:

Having attended all five modules you are entitled to take the test of Clinical Competence (cost £40.00). Taking the test entitles you to one year's free membership within ICAK-UK (current annual dues are £90.00)

## ABOUT THE COURSE

This is a clinically relevant and powerful course of study that will expand the diagnostic skills of the young as well as the experienced practitioner.

Being taught for the first time, this newly formatted five weekend course will teach advanced procedures and how to combine them with the fundamental concepts in AK, so that difficult or more complicated patients may be better evaluated from the very start of your training.

This course is designed for the thinking practitioner! Those who are or have been searching for the missing tools needed to understand difficult diagnostic situations need search no further:

In a step-by-step learning curve, each module will introduce an ever-increasing number of guiding principles that lead the practitioner to metabolic, structural and / or emotional therapeutic input.

Why, when, where and how to treat are the basic needs of every practitioner—the Fundamentals Seminar Series will provide the necessary tools to achieve these skills!

## ICAK-UK

The International College of Applied Kinesiology (ICAK) is an organisation dedicated to furthering the knowledge of health care professionals in Applied Kinesiology (AK).

AK is a dynamic method that allows a more complete evaluation and treatment of the structural, biochemical and mental aspects of dysfunction in a patient.

It employs manual muscle testing as a complement to other methods of diagnosis, enabling the practitioner to assess the unique needs of each patient.

AK is a valuable clinical tool for chiropractors, osteopaths, physiotherapists, medical practitioners and dentists.

Visit [www.icak.co.uk](http://www.icak.co.uk) for more information

Tracy S. Gates is a registered osteopath of 33 years standing, plus a qualified homeopath since 2017.

Having practised for several years using osteopathy and cranial osteopathy, she studied Applied Kinesiology, successfully achieving her diplomate status in 1994.

As part of her diplomate she made a research study into the use of AK in treating Special Needs children. The research was further backed up by a period of time spent at the Peto Institute in Budapest; as well as study at the Institute for Research into Human Potential in Philadelphia.

Today, Tracy lectures in the UK, Russia, the Ukraine and throughout Europe. She makes regular presentations of her ongoing research at various conferences in Europe and the USA.

Tracy is the current Chairperson of the International Committee (I.C.) of ICAK, and is also the International Representative for ICAK-UK. In 2017, Tracy was awarded the prestigious George Award—the highest award within ICAK – for her tireless work within the organisation.



“AK has opened my eyes to so many potential areas of dysfunction that I would not have considered with only a structural education. It will definitely change the way I work!” *Ezra Levy MRCP.*

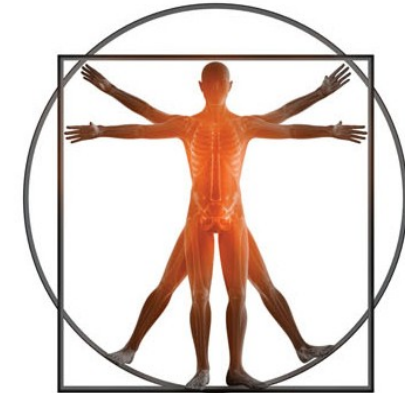
“For those wanting to understand and treat the underlying cause of patients' symptom patterns this course covers everything. Tracy's obvious deep wealth of knowledge and clear presentation style really animates the subject matter - with plenty of demonstrations and supervised practical to appreciate the intricacies of this work.” *Matt Bourne D.O.*

“General Practitioners will find that Applied Kinesiology opens up exciting diagnostic and therapeutic possibilities in the day to day practice of medicine. Tracy's course is both relevant and useful, I recommend it to all GP's.”

*Michael O'Beirne M.B.,M.R.C.G.P.  
General Practitioner, Galway*

# ICAK

INTERNATIONAL COLLEGE  
OF APPLIED KINESIOLOGY UK



2019 - 2020  
ICAK-UK presents:

## The Fundamentals of Applied Kinesiology

with

**Advanced Clinical Applications**

- a NEWLY FORMATTED and accredited

Basic Course of the  
International College of Applied  
Kinesiology—ICAK

Lecturer:

**Tracy S Gates D.O., DIBAK**

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