

BOOKING FORM

Name

Qualification

Address

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Postcode.....

Telephone

Email:.....

Both 2-day weekends to include module notes and morning and afternoon refreshment:

ICAK-UK Members **£490.00**

Non-members **£550.00**

Repeat Course Participants **£425.00**
(of a Basic Course taught by Tracy S Gates)

Please register by **FRIDAY 22 JANUARY 2016** and send your payment (**non-refundable, excepting cancellation of the course by ICAK-UK**) to:

Administrator - Core A.K. Course
Weaverswood
Storrington Road
THAKEHAM
West Sussex RH20 3ED

Cheques made payable to: **T S GATES**
Please telephone or email to pay by credit/debit card or bank transfer:
Tel: 07903 112088
Email: tracysgates@gmail.com
For general queries please email ICAK-UK on info@icak.co.uk

Dates of the ICAK Core Fundamentals 2016

Venue: Hilton London Gatwick, South Terminal Gatwick Airport, Gatwick RH6 0LL

SEMINAR TIMES:

SATURDAY 10:00AM TO 6:00PM - SUNDAY 9:00AM TO 4:00PM

2016

February 13-14

I - THE DYNAMICS OF AK EVALUATION

The science and art of precise muscle testing—the importance of stabilisation, positioning, velocity, direction and resistance. Developing proprioceptive skill as an amateur. Postural analysis. Local muscle and joint problems. Subluxations & Fixations. The practical testing of main muscles.

March 12-13

II - INTRODUCTION TO VISCERA AND THE EMOTIONS

Introduction to the craniosacral mechanism. Pelvic categories. Local muscle and joint issues. Adrenal stress and the emotions. Lymphatic system. Ileocaecal valve. pH balance. Essential Fatty Acids and their role in almost everything. The testing of more basic muscles.

AT THE END OF THE COURSE:

Attendance certificates will be issued at the end of the course and the hours covered will contribute to your ongoing education in Applied Kinesiology under the new educational system, so that there will be no requirement to repeat the topics already covered.

Upon completion of the two modules you will be entitled to an associate membership within ICAK-UK, specifically described as a student member of ICAK, until such time as your total hours of AK education exceed 100. (Current annual dues are £90.00)

The International College of Applied Kinesiology - UK

The International College of Applied Kinesiology (ICAK) is an organisation dedicated to furthering the knowledge of health care professionals in Applied Kinesiology (AK).

AK is a totally dynamic method that allows a more complete evaluation and treatment of the structural, biochemical and mental aspects of dysfunction in a patient.

It employs manual muscle testing as a complement to other methods of diagnosis, enabling the practitioner to assess the unique needs of each patient.

AK is a valuable clinical tool for chiropractors, osteopaths, physiotherapists, medical practitioners and dentists.

ABOUT THE COURSE

This course is an exciting new opportunity to learn the absolute fundamentals of Applied Kinesiology (AK), focusing on muscle testing skills and a handful of techniques that will allow you to integrate AK quickly and easily into your existing practice.

The course is specifically designed for both those who may feel that the full eight weekend course is more information than is appropriate to their existing clinical environment; as well as for those who are looking for a basic entry-level education of AK which can feed into the full course at a later date if they wish.

This course is for the thinking practitioner! Those who are or have been searching for the missing tools that are needed to understand difficult diagnostic situations need search no further.

Each session will introduce a practical number of guiding principles that lead the practitioner to metabolic, structural and / or emotional therapeutic input.

Why, when, where and how to treat are the basic needs of every practitioner—the Core Course will provide you with the necessary tools to achieve these skills!



Tracy S. Gates is a registered osteopath of 29 years standing.

Having practised for several years using osteopathy and cranial osteopathy, she studied Applied Kinesiology, successfully achieving her diplomate status in 1994.

As part of her diplomate she made a research study into the use of AK in treating Special Needs children. The research was further backed up by a period of time spent at the Peto Institute in Budapest; as well as study at the Institute for Research into Human Potential in Philadelphia.

Today, Tracy lectures in the UK and throughout Europe. She makes regular presentations of her ongoing research at various conferences in Europe and the USA. She is currently involved in working with and treating athletes competing at an international level.

Tracy is Vice-Chair of the International Committee (I.C.) of ICAK, Secretary of the International Educational Council (IEC) and the International Representative for ICAK-UK.



“AK has opened my eyes to so many potential areas of dysfunction that I would not have considered with only a structural education. It will definitely change the way I work!”

Ezra Levy MRCP.

“For those wanting to understand and treat the underlying cause of patients' symptom patterns this course covers everything. Tracy's obvious deep wealth of knowledge and clear presentation style really animates the subject matter - with plenty of demonstrations and supervised practical to appreciate the intricacies of this work.” *Matt Bourne D.O.*

General Practitioners will find that Applied Kinesiology opens up exciting diagnostic and therapeutic possibilities in the day to day practice of medicine. Tracy's course is both relevant and useful, I recommend it to all GP's.

*Michael O'Beirne M.B., M.R.C.G.P.
General Practitioner, Galway*



INTERNATIONAL COLLEGE
OF APPLIED KINESIOLOGY UK

2016

ICAK-UK
presents:

The Core Fundamentals of Applied Kinesiology

a **TWO WEEKEND** accredited
Course of foundational material
Approved by the
International College of Applied
Kinesiology—ICAK

Sponsored by:
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www.purebio.co.uk



Lecturer:

Tracy S Gates D.O., DIBAK