

Management of Peripheral Nerve Entrapments & Joint Dysfunction

Presented by
Dr Jordi Gutiérrez Mujal, DC, DIBAK, DACNB
Saturday 16 - Sunday 17 May 2026

Location BRITISH COLLEGE OF OSTEOPATHIC MEDICINE
6 Netherhall Gardens
London
NW3 5RR

Seminar Times Saturday 9.30am - 5.00pm
Sunday 9.00am - 4.30pm
(Registration on Saturday from 9:15am)

Fees **ICAK UK Member: £425 Early Bird Price: £375**
Non Member: £475 Early Bird Price: £425
Early Bird prices available until 31 March 2026

CPD 12.5 hours
Participants will receive a certificate of attendance for an Intermediate Applied Kinesiology seminar, which counts toward PAK certification.

Booking Online at www.icak.co.uk



INTERMEDIATE APPLIED KINESIOLOGY COURSE

Course Overview

This Intermediate Applied Kinesiology seminar is designed for practitioners who wish to refine soft tissue evaluation, master peripheral nerve entrapment assessment, and integrate joint correction strategies for both upper and lower limb conditions.

This seminar is suitable for healthcare professionals (including **chiropractors, osteopaths, physiotherapists, medical doctors, acupuncturists, dentists, and veterinarians**) with a basic working understanding of manual muscle testing procedures.

The course is clinically focused, emphasising accurate muscle testing, neurological differentiation, and correction of common and complex dysfunction patterns encountered in practice.

Professional Applied Kinesiology (PAK) Certification

This seminar is one of three Intermediate modules that count towards PAK (Professional Applied Kinesiology) certification, in accordance with ICAK educational pathways.

Completion of all three Intermediate modules is a prerequisite for progression within the PAK training framework.

Part I – Soft Tissue Techniques

- Differentiation of hypo-reactive vs hyper-reactive muscle presentations
- Origin–Insertion techniques
- Muscle stretch reaction: fascia and trigger points
- Strain–Counterstrain
- Myogelosis
- Compaction injuries vs joint instability
- Ligament Interlink Technique (LIT)

Part II – Upper Limb and Cervico-Thoracic Integration

- Review of cervical spine and brachial plexus
- Hidden cervical disc patterns
- C7–1st rib fixation (limbic)
- Peripheral nerve entrapments:
 - Median, radial, ulnar, axillary and musculocutaneous nerves
- Scapular nerve entrapments:
 - Dorsal scapular and suprascapular nerves
- Muscle testing of key upper limb and scapular stabilisers
- Upper limb subluxations and adjustment protocols

Part III – Lower Limb

- Review of lumbar and sacral plexus protocols
- Sciatic nerve and branch entrapments, including:
 - Piriformis Syndrome
 - Tarsal Tunnel Syndrome
- Femoral, obturator and pudendal nerve entrapments
- Lower limb subluxations and adjustment
- Foot and ankle dysfunctions
- Knee conditions:
 - Popliteus syndrome
 - Patellofemoral syndrome
 - Meniscus dysfunction
- The shock absorber concept



Jordi Gutiérrez is a Sports & Family Chiropractor with over 15 years of clinical experience. He runs two successful practices in Barcelona and Sant Andreu de Llavaneres and works extensively with elite athletes in Europe and the United States.

He integrates Sports Chiropractic, Applied Kinesiology, Functional Neurology, and Psychoneuroimmunology into a unique clinical methodology. Dr Gutiérrez is a Diplomate of the

International Board of Applied Kinesiology (DIBAK) and one of only two certified instructors in Spain, as well as a Diplomate of the American Chiropractic Neurology Board.

From 2012 to 2022, he served as a Professor of Neurology, teaching neuro-orthopaedics and clinical neurology to chiropractors. He lectures internationally to chiropractors, osteopaths, and medical doctors across Europe and the United Kingdom.

PLEASE NOTE: NO REFUND of seminar fees for cancellations after 31/03/26 will be given. Any cancellation prior to 31/03/26 will have a £100 administration fee deducted from the refund.